

How to explore the meaning of your picture

When you have finished your picture, take a step back, look at it afresh and try some of the questions below.

Some reflection questions

What stands out for you as you look at your picture?

What feelings does it evoke in you?

What's the atmosphere or mood?

What are the main elements and what do they symbolise to you?

What small details do you notice in your picture?

Where do you feel most drawn?

Where are you in the picture?

What do you like the most?

What's missing?

What would it look like if it was the opposite?

What title would best fit your picture, as it is now?